First United
SPEND LIFE WISELY

30 Day Prayer Challenge



God is there for you, in good times and in bad, and he's waiting to hear from you any time through prayer. Prayer comes in many forms; there's no wrong way to talk to God. Some people pray silently in their mind, others hold hands for group prayer, or talk verbally to God in private. Many of us pray in multiple ways.

To participate in the 30 day prayer challenge, simply fill in the blanks below each day for 30 days.

Day 1: Today I prayed for .....

Day 2: Today I prayed for .....

Day 3: Today I prayed for .....

Day 4: Today I prayed for .....

Day 5: Today I prayed for .....

Day 6: Today I prayed for .....

Day 7: Today I prayed for .....

Day 8: Today I prayed for .....

Day 9: Today I prayed for .....

Day 10: Today I prayed for .....

Day 11: Today I prayed for .....

Day 12: Today I prayed for .....

Day 13: Today I prayed for .....

Day 14: Today I prayed for .....

Day 15: Today I prayed for .....

Day 16: Today I prayed for .....

Day 17: Today I prayed for .....

Day 18: Today I prayed for .....

Day 19: Today I prayed for .....

Day 20: Today I prayed for .....

Day 21: Today I prayed for .....

Day 22: Today I prayed for .....

Day 23: Today I prayed for .....

Day 24: Today I prayed for .....

Day 25: Today I prayed for .....

Day 26: Today I prayed for .....

Day 27: Today I prayed for .....

Day 28: Today I prayed for .....

Day 29: Today I prayed for .....

Day 30: Today I prayed for .....

Prayer Inspiration

- My family
- My friends
- My home
- My neighbors
- My work/coworkers
- Our freedom
- Those who are sick or struggling
- Schools/teachers/staff
- My church/members
- My city/community
- Law enforcement/first responders
- Our nation/our political leaders/our military
- Those who are less fortunate
- Those influential in your spiritual walk
- Those who don't know Christ
- Forgiveness/Grace
- Strength
- Guidance
- Wisdom
- Worries/anxiousness
- Needs
- Prayers of Praise
  - His love for you
  - What He's done in your life
  - His Word/Creation
- Prayers of Gratitude

RESET FORM

Member FDIC