Faith | Financial Well-Being | Health | Personal Growth

PILLAR TALK

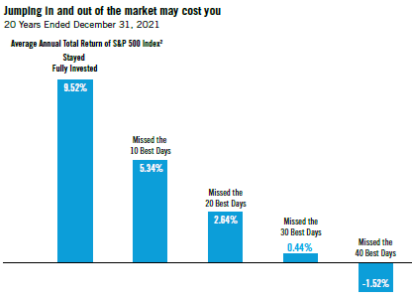
Change your Habits, Change your Life

RETIREMENT HABITS PILLAR TALK RESOURCES

- **John Carey shared Best Practices:**
  - Employer Match - Always try to get 100% of employer match
  - Annual contribution increase (each time you get an increase in salary, up your contribution)
  - Pay off debt (strive to be debt-free when you retire)

- **Rebecca Kallies shared Make a Plan:**
  - Three-legged stool (Social Security, retirement and/or pension accounts, and personal savings)
  - Understand your benefits
  - Coordination of plan benefits

- **Rusty Kautz shared Stick to your Plan:**



  - Market Volatility
  - Use an advisor for a personalized plan
  - Stay focused on your goal

- **To recap how our lives can be changed by our habits:**
  - Make habit achievable
  - Make it a priority to YOURSELF
  - Visualize your success
  - and your life will be changed! ***Amazing!***

Please share with us your thoughts about the presentation by taking the survey at
http://bit.ly/PillarTalkSeriesSurvey

Link to May's Webinar in case someone missed it:
https://www.firstunitedbank.com/spendlifewisely/part-4-6-spend-life-wisely-pillar-talk-webinar-series-health-habits

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